

**We would appreciate it if:**

- you could send this form at least six weeks prior to the start of the patient's holiday (by post or by e-mail).
- you could give the patient the most recent dialysis details to take with them.

**Details to be completed by the attending physician and the dialysis nurse****Please select at which location you prefer to have your dialysis**

|   |  |
|---|--|
| <input type="checkbox"/> Zwolle,<br>Dr van Heesweg 2<br>8025 AB<br>Tel.: +31 (0)88 624 46 32<br>E-Mail: vakantie.dialyse@isala.nl | <input type="checkbox"/> Meppel<br>Reggersweg 2<br>7943 KC<br>Tel.: +31 (0)88 624 1229<br>E-Mail: vakantie.dialyse@isala.nl  |
| <b>Access to bloodstream:</b><br>Shunt type:<br><input type="checkbox"/> AV fistula<br><input type="checkbox"/> AV graft          | Catheter:<br><input type="checkbox"/> tunneled<br><input type="checkbox"/> non-tunneled  |
| Location:   |  |
| Disinfectant:   |  |
| Needle type<br>Please indicate the correct diameter   | Steel: Nipro Safetouch Tulip:<br><input type="checkbox"/> 14G 25mm <input type="checkbox"/> 15G 25mm<br>Flexible: Nipro Safetouch<br><input type="checkbox"/> 14G 25mm <input type="checkbox"/> 14G 32mm<br><input type="checkbox"/> 15G 25mm <input type="checkbox"/> 16G 25mm<br><input type="checkbox"/> one needle<br><input type="checkbox"/> two needles |
| Dialysis duration and frequency:  |  |
| Dialysis method:  | <input type="checkbox"/> HD<br>HDF not possible  |
| Target weight:  | kg   |
| The available anticoagulant is<br>Fraxiparine<br>Initial dose:  | <input type="checkbox"/> 0,3 ml: 2850 IE <input type="checkbox"/> 0,4 ml: 3800 IE <input type="checkbox"/> 0,6 ml: 5700 IE<br>Any other dose of Fraxiparine:   |
| Any second dose of Fraxiparine:   |  |
| <b>Type of artificial kidney</b>  |  |
| Type of artificial kidney (polyamide)   | <input type="checkbox"/> Polyflux 14L <input type="checkbox"/> Polyflux 17L <input type="checkbox"/> Polyflux 21L  |
| Surface area  | 1,4 m <sup>2</sup> 1,7 m <sup>2</sup> 2,1 m <sup>2</sup>   |
| <b>Composition of haemodialysis fluid:</b>  | <input type="checkbox"/> X 125G = K1.0 Ca 1.25 <input type="checkbox"/> X 250G = K2.0 Ca 1.50<br><input type="checkbox"/> X 225G = K2.0 Ca 1.25 <input type="checkbox"/> X 275G = K2.0 Ca 1.75<br><input type="checkbox"/> X 325G = K3.0 Ca 1.25 <input type="checkbox"/> X 350G = K3.0 Ca 1.50<br><input type="checkbox"/> X 150G = K1.0 Ca 1.50              |
| Maximum bloodflow:  |  |
| Maximum UF volume:  |  |
| Bicarbonate:  |  |
| Sodium:   |  |
| UF profiling  | <input type="checkbox"/> no <input type="checkbox"/> yes      Start      Stop  |
| Dialysate temperature:  |  |
| Blood pressure  | before dialysis:      after dialysis:  |
| Interdialytic weight gain:  |  |

Medical history:

Transplantable:

- yes
- no
- temporarily not

Since when has the patient been receiving dialysis? Anything else to note?

Diet:

Allergies:

Has the patient had any issues with their health over the past six months? (if "yes", please provide details)

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li>• Unstable angina?</li><li>• Heart attack?</li><li>• Heart failure?</li><li>• Hyperkalemia?</li><li>• Serious infections?</li><li>• Shunt issues?</li><li>• Operations?</li><li>• Other complications?</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> no <input type="checkbox"/> yes,</li><li><input type="checkbox"/> no <input type="checkbox"/> yes,</li></ul> |
|--|---|

**Resuscitation policy:**  Resuscitate  Do not resuscitate

**Isolation measures:**

**Please enclose the following with the transfer:**

- medical letter
- administrations during dialysis
- list of current medication
- lab values (and blood group/rhesus) for the last month
- recent ECG (no older than six months)
- shunt duplex
- recent results (no older than three months) of: HBsAg test, Hep C test, HIV test

How is the independence, mobility and eyesight of the patient?

Are there any other important things to note?

Nephrologist signature:

Date:

**PLEASE NOTE!** Visitors from abroad: you must include a copy of the written authorisation by your health insurance provider to confirm that the full cost of dialysis at our centre will be reimbursed, as well as a copy your proof of identity and insurance card.